

IGNITE WOMEN

FITNESS BUSINESS EVENT

FRIDAY 23 AUGUST
8.30AM - 4.30PM

INTERCONTINENTAL
MELBOURNE THE RIALTO



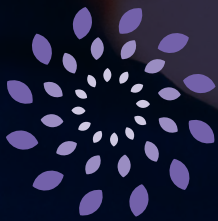
ANALEE GALE

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SCHEDULE

8:30am	Registration
9am	Mel Tempest – Surviving to Thriving <i>Sponsored by Gym Owners' Fitness Business Network and Podcast</i>
9:50am	Lyn Miller – How to Run Maximum Capacity Menopausal Weight Loss Seminars at \$20 - 50 Per Head (Without Spending Money On Ads) <i>Sponsored by Menopausemarketing.com</i>
10:15am	Emma and Rosalind – ‘Supercharging’ your exit strategies. Start the year on the right foot! <i>Sponsored by Velocity Legal</i>
10:40am	Morning Tea
10:50am	Roundtable - Round one
11:50am	Katrina Cochrane – Outdoor Training Business Strategies and development
12:10pm	Christine Gaby – Key strategies to work less <i>Sponsored by Healthy Horizons</i>
12:30pm	Lunch
1:10pm	Roundtable - Round two
2:10pm	Michelle Furniss and Margaret Weller – Metrics Matter <i>Sponsored by Debitsuccess</i>
2:40pm	Flic Manning – Prevent burn-out in its tracks by becoming the leader you were meant to be <i>Sponsored by Corethentic</i>
3pm	Roundtable - Final round
3:50pm	Meghan Jarvis – The Future of Fitness Technology <i>Sponsored by Buzvil Health and Fitness App</i>
4:10pm	Fiona Kriaris and Nadine Kemp – Love Leadership <i>Sponsored by YMCA Victoria & Mynd Wellness</i>
4:30pm	Q&A
End	





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EVALUATION FORM

On a scale of 1 - 10, 10 being the highest how would you rate this event and its value? (1) - Not Happy, (10) - Very Happy.

1 2 3 4 5 6 7 8 9 10

On a scale of 1 - 10, 10 being the highest how would you rate the Roundtable hosts? (1) - Not Happy, (10) - Very Happy.

1 2 3 4 5 6 7 8 9 10

If we were to organise a larger event encompassing business workshops and physical workshops, with the location and content that meets your needs, how likely would you and your team be to attend?

Yes No Cost is a factor Other (please explain)

In 50 words or less, please either leave us with a testimonial we can use on social media, or give us feedback on how to improve your Ignite Women Fitness Business experience.

